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Southern Cultural Heritage
FOUNDATION

PRESS RELEASE

May 17, 2016

FOR IMMEDIATE RELEASE

Essential Oils 101

Event Name: Essential Oils 101
Presenters: Sandra Brown
Dates: Tuesday, June 7th from 5:30 to 7:30pm
Admission: \$20/SCHF Members and \$25/Non-Members

Description: What are essential oils and where do they come from? How do I use essential oils? What are the benefits of using essential oils? Can anyone use essential oils? Is there a difference in essential oil brands? Why use Certified Pure Therapeutic Grade DoTerra Oils? Can I use essential oils on my cat or dog? **Sandra Brown** will give you the answers to these questions in **Essential Oils 101** on **Tuesday, June 7th** from **5:30 to 7:30 pm**.

Learn the basics about using essential oils and make your own personalized sugar scrub or salt scrub. Also, receive a 5ml wild orange essential oil for free for attending the workshop.

The fee for the class is \$20/SCHF members and \$25/non-members. Reservations are required and space is limited. To make a reservation, call 601.631.2997 or email info@southernculture.org.

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