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Southern Cultural Heritage
FOUNDATION

PRESS RELEASE

February 28, 2020

FOR IMMEDIATE RELEASE

Event Name: **LEBANESE COOKING WITH LANA**

Presenter: Lana Hand

Date: Tuesday, March 24, 2020

Time: 5:30 p.m. – 8:00 p.m.

Admission: \$35/SCHF Members and \$40/Non-Members

Description: Join us for Lebanese Cooking with Lana, a hands -on cooking experience. This class will make Fried Kibbee, a Lebanese dish made with bulgur, minced onions and finely ground meat. We will make the meat into balls and fry them in olive oil.

The class will also prepare Tabouli (Tabbouleh), a yummy and healthy Middle Eastern salad made with bulgur, tomatoes, green onions and parsley.

And the class will prepare Mujadara (Lentils and Rice), a delicious vegetarian dish made with lentils, rice and darkly browned onions- served with a side of Greek Yogurt.

Registration is \$35/SCHF Members and \$40/Non-Members and includes all supplies. Space is limited and reservations are required. For more information, please contact the SCHF office at 601.631.2997 or email info@southernculture.org.

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